

HEALTH & PHYSICAL EDUCATION



Collegium Charter School
Physical Education Newsletter



Upcoming Events

- 3rd Trimester Grades
- Field Day in June (More Information to come)

Mr. Falcone's PE Class

K1peccs.weebly.com

HELLO,

The second trimester at C.C.S has come to an end and your child has learned a lot of new information. In 2nd grade we covered a variety of locomotor movements such as walk, run, skip, hop, jump, gallop and slide. We combined these movements with the concepts of movement that they learned in the 1st trimester. Their favorite locomotor by far was whenever they got a chance to RUN!! For 3rd grade your child learned about muscular strength, muscular endurance, cardiovascular endurance and flexibility. The students learned and really enjoyed the different exercises that are associated with each health-related fitness component. A majority of their favorite component and activity was cardiovascular endurance where they performed the PACER test and got a chance to RUN!! Always seems to make them happy! Next, on the menu for the 3rd trimester is that of manipulative skills for both 2nd and 3rd grade.

Grades

- Gradebook is updated on a trimester schedule
- 2nd grade received grades for Cooperation/Safety & Locomotor/Non- Locomotor Skills in the 2nd trimester.
- 3rd grade received grades for Personal/Social Responsibility & Health-Related Fitness in the 2nd trimester.

Website: Please visit the K-3 Health & PE website at

K1peccs.weebly.com for more information regarding anything Health & PE related.

Important Announcement

- Students are **expected** to wear their PE uniform with **sneakers** on PE days.
- If your child comes to school on PE days without sneakers due to weather or a special dress day please remember to send their shoes with them in their book bag.
- Jump Rope for heart gifts will be in shortly. Thank you for your patience. If your child receives the wrong gift please contact me at Cfalcone@ccs.us

