This was a very popular dance in the 1970’s. There are many versions of the Hustle. We downloaded this one and made a small modification for our younger students. We had a 70’s dance party on Halloween and taught this to the morning students. Next PM schedule we hope to get the rest of the kids. This was actually very easy and fun!

Step Backwards 1,2,3,4

Step Forwards 1,2,3,4

Step Sideways to the RIGHT and Spin 1,2,3,4

Step Sideways to the LEFT and Spin 1,2,3,4

Travolta 1,2,3,4,5,6,7,8

Egg Beater 1,2,3,4,5,6,7,8

Pivot Forward, Backward, Sideways, ¼ turn

Repeat